

Fall SELF-CARE BINGO

SNUGGLE ON THE COUCH WITH A FLUFFY BLANKET	MAKE A PUMPKIN SPICE LATTE	WATCH A FALL SUNSET	JUMP INTO A PILE OF LEAVES	TAKE A COZY BATH
CARVE OR DECORATE A PUMPKIN	WRITE A LETTER OF GRATITUDE	GET A MASSAGE	DECLUTTER YOUR SUMMER WARDROBE	VISIT A PUMPKIN PATCH WITH FRIENDS
GO APPLE PICKING	GET A FALL SCENTED CANDLE	STRETCH	GO ON A HAYRIDE	EMBRACE HYGGE LIVING
MAKE SPICED APPLE CIDER	SAY NO	MAKE A PUMPKIN PIE	HAVE AN AT-HOME SPA NIGHT	GO TO A FARMER'S MARKET
TAKE A MID-DAY NAP	ENJOY WARM SOCKS & PJ'S	TRY A NEW INDOOR HOBBY	BINGE-WATCH YOUR FAVORITE SERIES	HAVE THE BEST <i>Fall!</i>