

# Monday Mealplan

Featuring: Mom Does Reviews Favorites



2 lb of Lean ground beef  
Thick Bacon  
4 Mahi Mahi steaks  
3 Chicken Breast  
4 Steak Filets  
1 Pkg Wright Brand Bacon  
1-2 lbs of Stew Beef  
4-6 Breakfast Link Sausage  
Boneless Buffalo Bites (Tyson Any'tizers)

Salad greens (enough for 2 meals)  
Lettuce (enough for 2 meals)  
6 Tomatoes  
2 Onions  
1 bunch Kale  
1 pkg Baby Bella Mushrooms  
Bell Peppers  
Cherry Tomatoes  
Shallot  
5 medium potatoes  
1 Bag of Baby Carrots  
1-2 Cups Blackberries

Milk (your preference on grade)  
2 cups half and half  
Whole milk  
Eggs  
1 block Mozzarella Cheese  
Shredded Mozzarella Cheese  
Shredded Cheddar Cheese  
Shredded Parmesan Cheese  
2 sticks Unsalted Challenge Butter  
Sour cream  
Guacamole

6 tortillas- burrito size  
4 Whole Wheat Buns  
Sliced Bread (your choice/favorite)

1 Can of Green Beans  
1 Can of Cream of Mushroom Soup  
1 packet of French Onion Lipton Soup  
Taco Sauce (enough for 2 meals)  
2 Pkts Cheesy Taco Mix

Taco chips (enough for 2 meals)

Monday ~ Super Easy Taco Pie  
Tuesday ~ Blackened Mahi Mahi Sandwich  
Wednesday ~ Hot Kentucky Brown  
Thursday ~ Taco Salad  
Friday ~ Trinity Steak  
Saturday ~ Buffalo Bites Kabobs  
Sunday Morning ~ Sausage Frittata with Sriracha Blackberry Sauce  
Sunday Dinner ~ Easy Savory Beef Stew